

Health and Social Care

Apprenticeships

Degrees: Education, Biology, Physiotherapy, Nursing, Social work, Midwifery, Psychology, Paramedic science

Careers : Doctor, Nurse, Midwife, Care assistant, Physiotherapist, Teacher, Social Worker, Paramedic

**NEXT
STEPS**

Investigating Public Health

Understanding public health
Factors influencing public health
Public health campaigns
Designing a public health campaign
Deliver a presentation

Supporting healthy nutrition & lifestyles

Dietary and activity needs of individuals
Factors that influence dietary choices
Supporting individuals to plan meals that meet their needs
The musculoskeletal system and conditions (carpel tunnel syndrome and osteoarthritis)
Key themes in public health
Public health organisations
Conducting research
Reflect on your public health campaign
The digestive system (mechanical and chemical digestion)
The respiratory system (gaseous exchange, cellular respiration)
The cardiovascular system (blood, blood vessels, heart)

Anatomy and physiology

The reproductive system and conditions (endometriosis, testicular cancer)
Structure of the nervous system and regulatory systems, conditions (type 2 diabetes, strokes)
Conditions of the digestive system (Bowel polyps, gallstones)
Conditions of the respiratory system (asthma, pneumonia)
Conditions of the cardiovascular system (angina, DVT)

**YEAR
13**

Supporting people with mental health conditions

Definitions of mental health
Effects (PIES)
Legislation
Person-centred approach to support

Person-centred approach to care

Mental health conditions
Signs and symptoms of mental health conditions
Provisions of mental health services
Treatment of mental health conditions

Taking a person-centred approach
Meeting needs and providing support
Communication skills

Principles of health and social care

Safeguarding
Health and safety incidents
The impact of hazards
Managing hazards
Equality and diversity
Best practice in health and social care settings
Legislation
The impact of discrimination
Discriminatory practices
The rights

**YEAR
12**