

Ensuring everyone can afford a sustainable diet.

https://www.jstor.org/stable/resrep52148.10?searchText=Eatwell+Guide&searchUri=%2Faction%2FdoBasicSearch%3FQuery%3DEatwell%2BGuide&ab_segments=0%2Fbasic_search_gsv2%2Fcontrol&refreqid=fastly-default%3A78067532b53e77318d2cf7e622065caf&seq=1

Calorie labelling to reduce obesity.

https://www.jstor.org/stable/27178284?searchText=Eatwell+Guide&searchUri=%2Faction%2FdoBasicSearch%3FQuery%3DEatwell%2BGuide&ab_segments=0%2Fbasic_search_gsv2%2Fcontrol&refreqid=fastly-default%3Ad657c33f3d2d15582c8af242d3631b16

The rise and fall of protein malnutrition.

https://www.jstor.org/stable/48506933?searchText=Protein&searchUri=%2Faction%2FdoBasicSearch%3FQuery%3DProtein&ab_segments=0%2Fbasic_search_gsv2%2Fcontrol&refreqid=fastly-default%3Ad573c724a40afccc6420710536e02fa7

Are plastic storage containers safe for food?

https://www.bbc.co.uk/food/articles/are_plastic_food_storage_containers_safe

How diet can affect your mental health.

https://www.bbc.co.uk/food/articles/diet_wellbeing

Are Indoor Vertical Farms the

Future? https://www.ted.com/talks/stuart_oda_are_indoor_vertical_farms_the_future_of_agriculture

Why Our Future Relies on the Genetic Diversity of

Food https://www.ted.com/talks/esther_meduna_why_our_future_relies_on_the_genetic_diversity_of_food

How Climate Change Could make Our Food Less

Nutritious https://www.ted.com/talks/kristie_ebi_how_climate_change_could_make_our_food_less_nutritious

Want to Help Save the World? Eat More

insects https://www.ted.com/talks/pat_crowley_want_to_help_save_the_world_eat_more_insects

Which Type of Milk is Best for

You? https://www.ted.com/talks/jonathan_j_o_sullivan_and_grace_e_cunningham_which_type_of_milk_is_best_for_you

Will the Ocean Ever Run Out of

Fish? https://www.ted.com/talks/ayana_elizabeth_johnson_and_jennifer_jacquet_will_the_ocean_ever_run_out_of_fish

How the Food You Eat Affects Your

Brain https://www.ted.com/talks/mia_nacamulli_how_the_food_you_eat_affects_your_brain

The Food programme - <https://www.bbc.co.uk/programmes/b006qnx3> →

The Kitchen cabinet

- <https://www.bbc.co.uk/programmes/b01klvhq/episodes/downloads>

The Food chain - <https://podcasts.files.bbc.co.uk/p028z2z0.rss>

Netflix Show – Salt, Fat, Acid, Heat

Fibre Fueled - Dr Will Bulsiewicz (MD, MSCI)

The Mind-Gut Connection - Emeran Mayer (MD)

The Science of Food - P.M Gaman, K.B Sherrington

Certificate in Food Science and Nutrition - Anita Tull