



GCSE Edexcel Italian International and Global dimensions



International and Global dimensions 'I can' statements



'I can' statement	I can do with some work here	I understand this	I can recognise this	I can use this
<i>I can describe different types of housing</i>				
<i>I can describe different locations of housing</i>				
<i>I can describe rooms in a house</i>				
<i>I can describe different items of furniture</i>				
<i>I can describe ways to help the environment</i>				
<i>I can describe environmental problems</i>				
<i>I can give recommendations to change and support the environment</i>				
<i>I can describe local efforts to change the environment</i>				
<i>I can describe different global issues</i>				
<i>I can describe solutions for global issues</i>				
<i>I can describe natural disasters</i>				
<i>I can describe actions to help after a natural disaster</i>				
<i>I can identify and describe food groups</i>				



International and Global dimensions 'I can' statements



'I can' statement	I can do with some work here	I understand this	I can recognise this	I can use this
<i>I can describe ways to lead a healthy lifestyle</i>				
<i>I can compare diet now, before and soon</i>				
<i>I can describe unhealthy lifestyle habits</i>				
<i>I can describe the effects of unhealthy lifestyle habits</i>				
<i>I can give opinions about healthy habits</i>				
<i>I can describe international sporting events</i>				
<i>I can describe the pros and cons of international sporting events</i>				
<i>I can describe concerts and music events</i>				
<i>I can describe the role of volunteering</i>				
<i>I can describe opinions of supporting charities</i>				



I can describe different types of housing



Vivere in

To live in

Affittare

To rent



Una palazzina
A block of flats



Una casa indipendente
A detached house



Una casa bifamiliare
A semi-detached house



Una residenza per anziani
An old people's home



Una fattoria
A farmhouse

I can describe different locations of housing

La mia casa è...

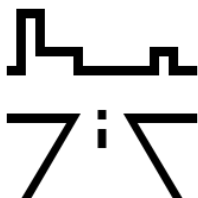
My house is....

Si trova

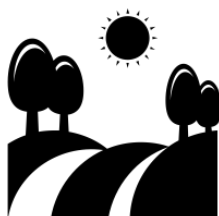
It is situated



In un quartiere della città
A neighbourhood of the city



In periferia
The outskirts



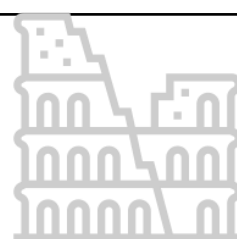
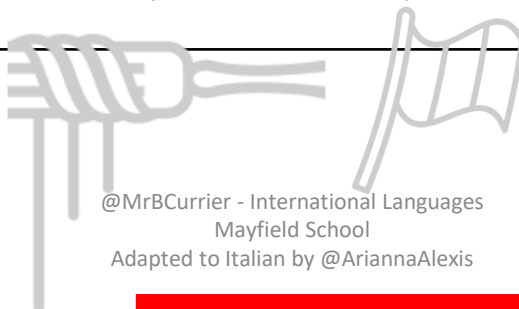
In campagna
The countryside



Sulla costa
The coast



In montagna
The mountains



I can describe rooms in a house



Un gabinetto
A toilet



Una sala da pranzo
A dining room



Un bagno
A bathroom



Uno studio
A study

Al piano di sotto

Downstairs

Al piano di sopra

Upstairs

Al piano terra

On the ground floor

Al primo piano

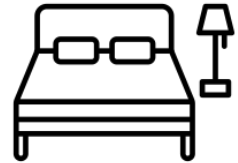
On the first floor

C'è/ci sono

There is/ there are



Una cucina
A kitchen



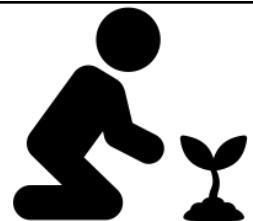
Una camera da letto
A bedroom



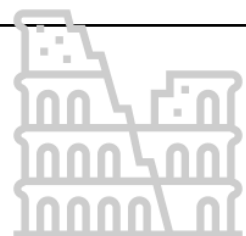
Un salone
A living room



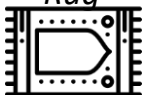
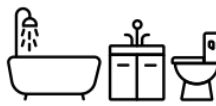
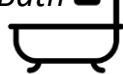
Un garage
A garage



Un giardino
A garden



I can describe different items of furniture

	 Il letto <i>The bed</i>	 La lampada <i>Lamp</i>	 La scrivania <i>Desk</i>	 I giocattoli <i>Toys</i>
La camera da letto <i>The bedroom</i>	L'armadio <i>The wardrobe</i> 	Il tappeto <i>Rug</i> 	Il cuscino <i>Pillow</i> 	Il lenzuolo <i>Bedsheet</i> 
 La doccia <i>Shower</i>	 Lo specchio <i>The mirror</i>	 La spugna <i>Sponge</i>	 Lo Shampoo <i>Shampoo</i>	
La vasca <i>Bath</i> 	L'asciugamano <i>The towel</i> 	La carta igienica <i>Loo roll</i> 	Il vater <i>Toilet</i> 	Il bagno <i>Bathroom</i>
 Il salone <i>The living room</i>	 Il divano <i>The sofa</i>	 La libreria <i>Bookcase</i>	 Il tavolino <i>Coffee table</i>	 Le tende <i>Curtains</i>
 La forchetta <i>Fork</i>	 Il cucchiaino <i>Spoon</i>	 La televisione <i>Television</i>	 Il quadro <i>Painting</i>	La finestra <i>Window</i> 
 Il coltello <i>Knife</i>	 Il secchio della spazzatura <i>Bin</i>	 Il forno <i>Oven</i>	 Il frigorifero <i>Fridge</i>	
	La lavatrice <i>Washing machine</i> 	La lavastoviglie <i>Dishwasher</i> 		La cucina <i>Kitchen</i>

I can describe ways how to help the environment



**Per prendersi cura
dell'ambiente**

To look after the environment

Si deve

You must

Non si deve

You must not

Si dovrebbe

You should

Non si dovrebbe

You should not



**Spegnere la
luce**
*Turn off the
light*



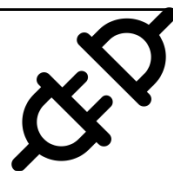
**Farsi la doccia
invece di farsi il
bagno**
*Shower instead
of bath*



**Separare la
spazzatura**
*Separate the
rubbish*



**Riciclare la
plastica e il
vetro**
*Recycle plastic
and glass*



**Staccare la spina
degli
elettrodomestici**
*Unplug electric
appliances*



**Risparmiare
l'energia**
Save energy



**Chiudere il
rubinetto**
Turn off the tap



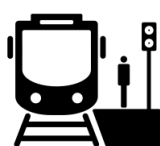
**Fare tutto il
possibile**
*Do everything
possible*



**Sprecare
l'acqua**
Waste water



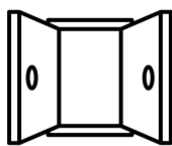
**Usare le buste
di plastica**
Use plastic bags



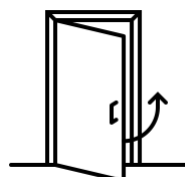
**Usare i trasporti
pubblici**
*Use public
transport*



**Comprare
prodotti
ecologici**
*Buy green
products*



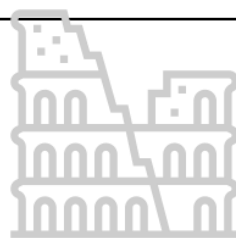
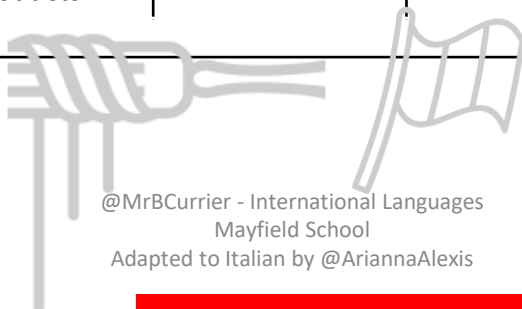
**Chiudere la
finestra**
*Close the
window*



**Chiudere la
porta**
Close the door



**Usare prodotti
ecologici**
*Use green
products*



I can describe environmental problems



L'ambiente

The environment

I problemi ambientali

Environmental problems

Il problema più serio è...

The most serious problem is



**La distruzione
della foresta
pluviale**

*Destruction of the
rainforest*



**La distruzione
dello strato
dell'ozono**

*Destruction of
ozone layer*



**Il cambiamento
climatico**

Climate change



**Il riscaldamento
globale**

Global warming



La spazzatura

Rubbish



I terremoti

Earthquakes



Il pianeta

The planet



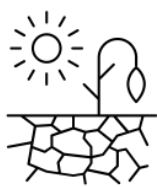
**Le
inondazioni**

Flooding



L' inquinamento

Pollution



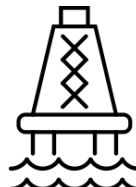
**L'aumento della
siccità**

*Increase in
droughts*



**Le specie a rischio
d'estinzione**

*Species in danger
of extinction*



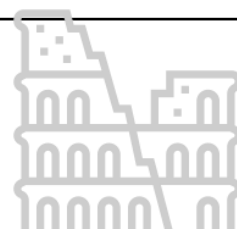
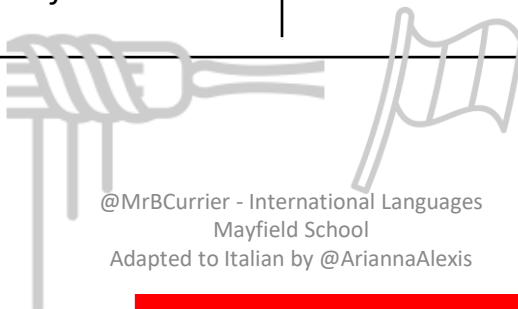
**La mancanza delle
risorse naturali**

*Lack of natural
resources*



**L'inquinamento
degli oceani**

*Pollution of the
oceans*



I can give recommendations to change and support the environment



Proteggere l'ambiente

Protect the environment

Per salvare il nostro pianeta

To save our planet

Si deve

You must

Non si deve

You must not

È necessario che
It is necessary that

È importante che
It is important that

È incredibile che
It is incredible that

Followed by verbs conjugated in the present tense

ARE

ERE

IRE

1 O O O

2 I I I

3 A E E

4 IAMO IAMO IAMO

5 ATE ETE ITE

6 ANO ONO ONO



Evitare
Avoid



Correre il rischio di
Run the risk of



Aumentare
Increase



Ridurre
Reduce



Sprecare
Waste



Dedicarsi a
Devote time to



Provare
Try to



Raggiungere
Achieve



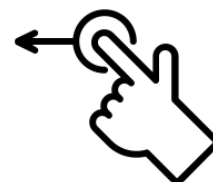
Occuparsi di
Concerned with



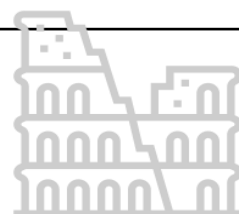
Iniziare a
Start



Lamentarsi di
Complain about



Usare
Use



I can describe local efforts to change the environment



Nella mia città

In my city

C'è troppo/a/ci sono troppe/i

There is/are too many/much

Spazzatura nelle strade

Rubbish in the streets

Persone senza un posto dove vivere

People with nowhere to live

Distruzione dei boschi

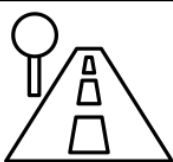
Destruction of the forests

L'inquinamento dei mari e dei fiumi

Pollution of the seas and rivers

**Per
In
order
to**

Pulire le strade
Clean the streets



Ridurre l'inquinamento
Reduce pollution



Proteggere l' ambiente
Protect the environment



Lottare contro il riscaldamento globale
Fight against global warming



Commands

Negative – No + infinitive

Positive – Present tense, 3rd line for regular verbs or the infinitive

Non tagliare troppi alberi
Don't cut down so many trees

Non andare ovunque con la macchina
Don't go by car to everywhere

Pianta più boschi e foreste
Plant more woods and forests

Introdurre leggi più severe
Introduce stricter laws

Non tirare la spazzatura per terra
Don't throw rubbish on the ground

Non sprecare energia
Don't waste energy

Riduce le emissioni dei veicoli
Reduce vehicle emissions

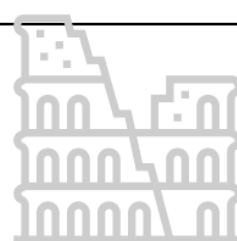
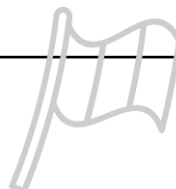
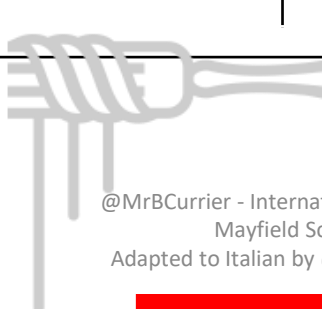
Usa energia rinnovabile
Use renewable energy

Non costruire troppe case
Don't build too many houses

Non rilasciare rifiuti chimici
Don't release chemical waste

Riciclare la carta e il vetro
Recycle paper and glass

Progettare case più piccole
Design smaller houses



I can describe different global issues

I problemi globali

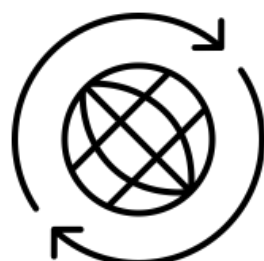
Global problems

Mi preoccupa/mi preoccupano

I'm worried about

Il problema globale più serio è

The most serious global problem is



La guerra
War



La povertà
Poverty



La disoccupazione
Unemployment



La fame
Hunger



La deforestazione
Deforestation



I disastri naturali
Natural disasters



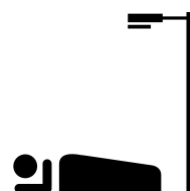
La mancanza di acqua potabile
Lack of drinking water



La fame mondiale
World hunger



I diritti umani
Human rights



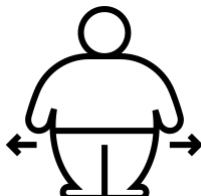
I senzatetto
The homeless



La tossicodipendenza
Drug addiction



La salute
Health



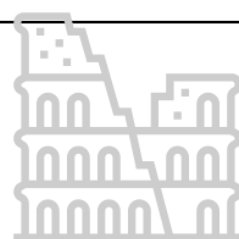
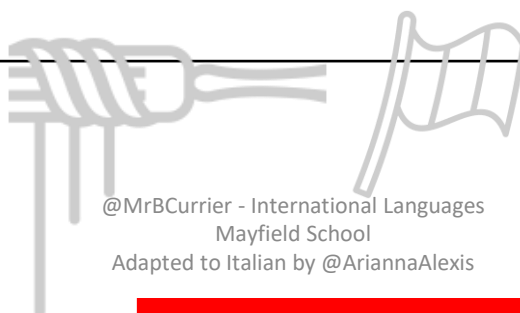
L'obesità
Obesity



La crisi economica
Economic crisis



Le persone pigre
Lazy people



I can describe solutions for global issues



Dal mio punto di vista

From my point of view

Secondo me

In my opinion

A mio parere

In my opinion

È necessario che
It is necessary that

È importante che
It is important that



È incredibile che
It is incredible that

Followed by verbs conjugated in the present tense



**Prendersi cura
dell'ambiente**
*Look after the
planet*



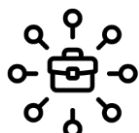
**Creare progetti
di conservazione**
*Do conservation
projects*



**Usare prodotti
del commercio
equo**
*Use fair trade
products*



**Sostenere i
progetti di
aiuto**
*Support aid
projects*



**Creare
opportunità di
lavoro**
*Create work
opportunities*



**Cambiare la
legge**
*Change the
law*



**Raccogliere
soldi**
Raise money



**Fare
campagne
pubblicitarie**
*Do publicity
campaigns*

**Non è giusto che ci
sia/ci siano**
It is not fair that

**tanta disuguaglianza
sociale**
*so much social
inequality*

Tanto inquinamento
so much pollution

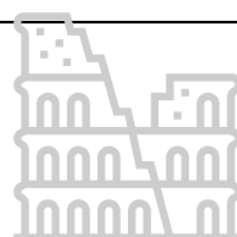
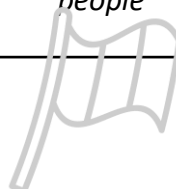
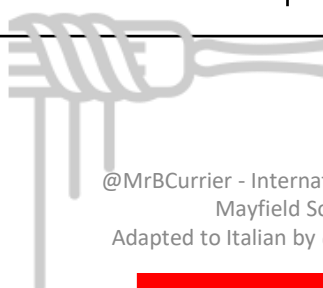
**Tante persone senza
lavoro**
*so many people
without a job*

**È terribile che ci
sia/ci siano**
It is terrible that

Tanti senz'atetto
*so many people
homeless*

Tante persone obese
*so many obese
people*

**Tanti
tossicodipendenti**
so many drug addicts



I can describe natural disasters

I disastri naturali

Natural disaster

C'è stato/ c'è stata/ ci sono state

It happened



Un fremito
Tremor



Un incendio forestale
Forest fire



Un terremoto
Earthquake



Un tornado
Tornado



Un uragano
Hurricane



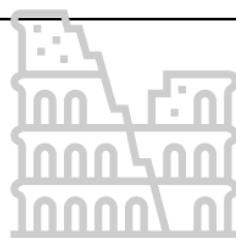
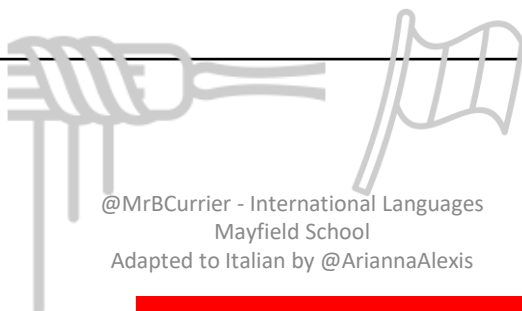
Una tempesta di neve
Snow storm



Una campagna umanitaria
Humanitarian campaign

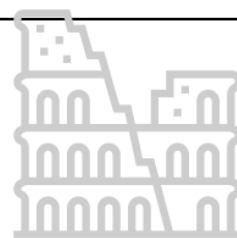
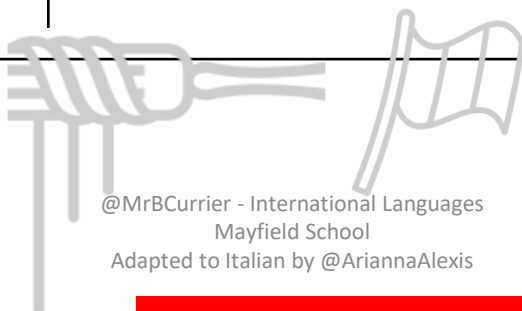


Delle inondazioni
Floods



I can describe actions to help after a natural disaster

Condividere <i>To share</i>	Rendersi conto di <i>To realise</i>	Insegnare <i>To teach</i>	 Fare ricerche <i>To research</i>
Mostrare <i>To show</i>	 Appuntare <i>To note</i>	Fare <i>To stop</i>	Provare a <i>To try to</i>
 Una organizzazione di volontariato <i>A voluntary organisation</i>	 Una campagna per le vittime <i>A campaign for the victims</i>	Raccogliere fondi <i>Raise funds</i>	
 Un kit di sopravvivenza <i>A survival box</i>	 Un concerto <i>A concert</i>	Chiedere delle donazioni <i>Ask for donations</i>	
 Uno spettacolo di danza <i>A dance show</i>	 Una gara di biciclette sponsorizzata <i>A sponsored bike race</i>	Organizzare degli eventi <i>Organise some events</i>	
 Una vendita di dolci <i>A cake sale</i>	 Autolavaggio <i>A car wash</i>	Essere solidale <i>Showing solidarity</i>	
		Ti fa sentire piú connesso <i>It makes you feel more connected</i>	



I can identify and describe food groups

Il cibo

Food

Gli alimenti

Food



I latticini

Milk products



La carne

Meat



Il pesce

Fish



Le uova

Eggs



La frutta

Fruit



Le verdure

Vegetables



I cereali

Cereal



I grassi

Fats



I dolci

Sweets



I legumi

Pulses



La frutta secca

Dried fruits

Le proteine

Proteins



I minerali

Minerals



Il sale

Salt



Le vitamine

Vitamins



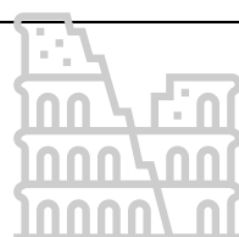
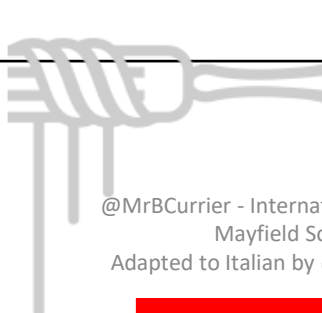
Lo zucchero

Sugar



Le fibre

Fibre



I can describe ways to lead a healthy lifestyle



Per avere una vita sana

To have a healthy lifestyle

Per avere una dieta sana

To have a healthy diet

Per rimanere in forma

To keep fit/in shape

Per avere una dieta equilibrata

To have a balanced diet

Si deve

You must

Non si deve

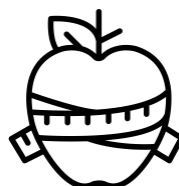
You must not



**Evitare di
mangiare cibo
spazzatura**
*Avoid eating
rubbish food*



**Evitare di bere
alcol**
*Avoid drinking
alcohol*



Cambiare dieta
Change diet



**Cucinare con
ingredienti freschi**
*Cook with fresh
ingredients*



**Dormire otto ore
al giorno**
*Sleep for eight
hours a day*



**Fare esercizio tutti
i giorni**
*Do exercise every
day*



**Allenarsi una
volta al giorno**
*Train an hour a
day*



Fumare
Smoke

Vorrei

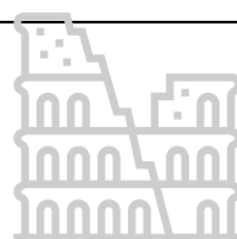
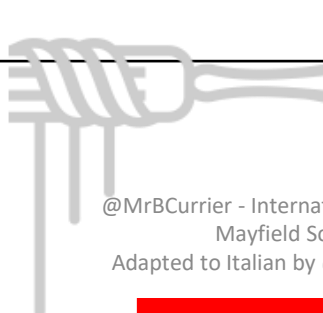
I would like to

Ho intenzione di

I am going to

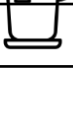
Dovrò

I will have to



I can compare diet now, before and soon

Prima *Before*  Quando ero giovane *When I was younger*
 Sempre *Always* Mai *Never*

mangiavo  *I/He used to eat*
 Bevevamo  *We used to drink*
 Mangiava *S/He used to eat*

Mangiavo di tutto *I ate everything*
 Non ingrassavo *I didn't get fat*
 Avevo energia *I had energy*
 Facevo esercizio  *I did exercise*

Ora *Now*  Oggi *Nowadays*
 Normalmente *Normally* Ogni giorno *Each day*

Di solito mangio *I usually eat*

Ho energia  *I have energy*

Di solito beviamo *We usually drink*

Sono stanco/a *I am tired*

Mangio *I eat*

Ho fame *I am hungry*

Beviamo *We drink*

Ho sete *I am thirsty*

Faccio colazione *I have breakfast*

Mi ingrassa *it makes me fat*

In futuro *In the future* La settimana prossima *Next week*

Dopodomani *Day after tomorrow* Quando sarò più grande *When I am older*

Vorrei mangiare *I would like to eat*

Voglio fare più sport *I want to do more sport*

Vorrei bere *I would like to drink*

Non voglio ingrassare  *I don't want to get fat*

mangerò *I will eat*

Berrò *I will drink*

Voglio perdere peso *I want to lose weight*

Farò colazione *I'll have breakfast*

I can describe unhealthy lifestyle habits



Bere alcol
Drink alcohol



Fumare sigarette
Smoke cigarettes



Fumare le canne
Smoke joints



Prendere droghe leggere
Take soft drugs



Prendere droghe pesanti
Take hard drugs



Ubriacarsi
Get drunk

illegale
illegal



un problema serio
A serious problem



pericoloso
dangerous



un vizio molto caro
An expensive habit



Uno spreco di soldi
A waste of money



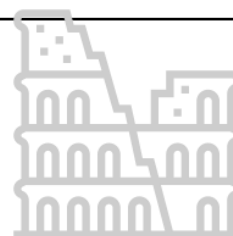
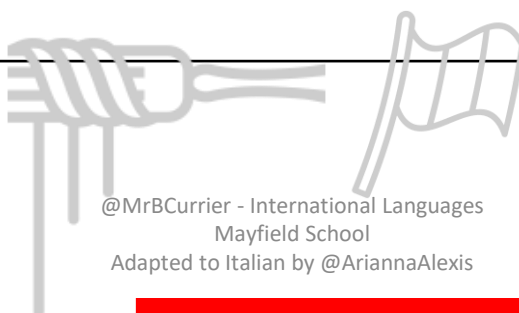
Molto dannoso per la salute
Very damaging to your healthy



Una stupidaggine
A stupid thing



Così cattivo
So bad



I can describe the effects of unhealthy lifestyle habits



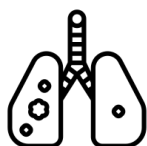
Provoca l'alito cattivo
It causes bad breath



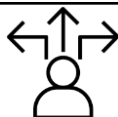
Ha molti rischi
It has lots of risks



Ti toglie il sonno
Takes away your sleep



Danneggia i polmoni
Damages lungs



**Influenza la tua capacità
di prendere decisioni**
*Affect capacity to
make decisions*



Ti toglie il controllo
Takes away control



**Macchia i denti di
giallo**
Stains teeth yellow



**Produce una forte
dipendenza fisica**
*Produces a strong
physical dependence*



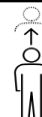
Ti fa sentire bene
Makes you feel good



**Provoca l'insuccesso
scolastico**
*Causes failure at
school*



Ti rilassa
Relaxes you



**Ti fa sentire più
adulto**
*Makes you feel more
adult*



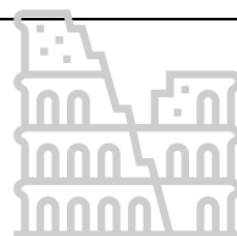
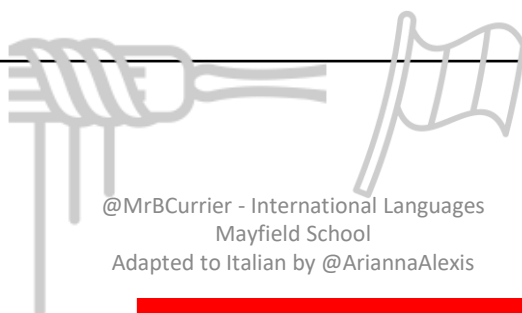
**Provoca la
depressione**
Causes depression



Allevia lo stress
Relieves stress



**È facile diventare
dipendente**
Easy to get hooked



I can give opinions about healthy habits

Dal mio punto di vista

From my point of view

Secondo me

In my opinion

A mio parere

In my opinion



**Evitare di
mangiare cibo
spazzatura**
*Avoid eating
rubbish food*



**Fare esercizio ogni
giorno**
*Do exercise every
day*



Cambiare dieta
Change diet



**Cucinare con
ingredienti freschi**
*Cook with fresh
ingredients*

Mi fa – It makes me

Mi fa sentire – It makes me feel



Sorridere
Smile



Ridere
Laugh



Entusiasta
Excited



Felice
Happy



In forma
Fit



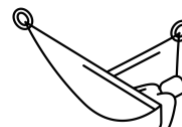
Pensare
Think



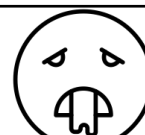
Piangere
Cry



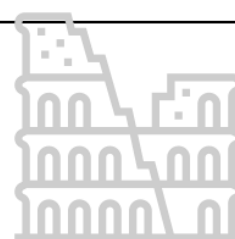
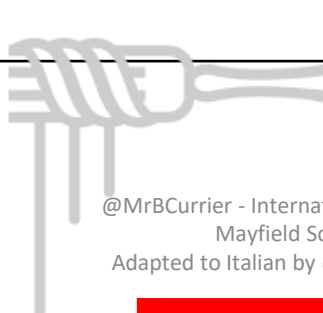
Grasso
Fat



Pigro
Lazy



Brutto
Ugly



I can describe international sporting events



Gli eventi sportivi

Sporting events

Gli eventi sportivi internazionali

International sporting events

I grandi eventi sportivi

The big sporting events



I Giochi olimpici
The Olympics



Le Paraolimpiadi
The Paralympics



La Coppa del mondo
Football World Cup



Gli eventi di beneficenza
Charity events

Servono per *They serve to*



Promuovere la partecipazione dello sport
Promote participation in sport



Promuovere lo spirito di solidarietà
Promote team spirit



Rigenerare i centri urbani
Regenerate city centres



Aumentare l'orgoglio nazionale
Increase national pride



Trasmettere i valori di rispetto
Transmit the values of respect



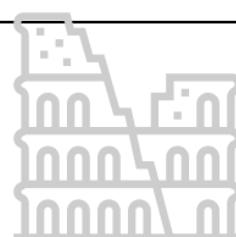
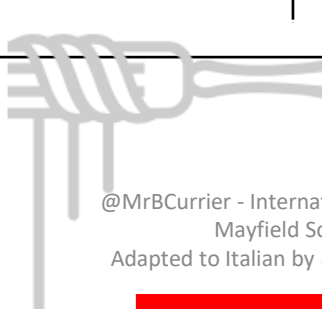
Unire le persone
Unite people



Dare una spinta economica
Give an economic boost



Ispirare le persone
Inspire people



I can describe pros and cons of international sporting events

I vantaggi sono che

The advantages are

Un vantaggio è che

An advantage is

Credo che gli eventi siano importanti perchè

I believe that the events are important because



C'è un'atmosfera speciale
There is a special atmosphere



Ispirano i giovani
They inspire young people



Creano opportunità di lavoro
They create job opportunities



Promuovono il turismo
They encourage tourism



Rigenerano le zone urbane
They regenerate urban areas



Gli svantaggi sono

The disadvantages are

Un altro svantaggio è

Another disadvantage is



Il rischio di attacchi terroristi
Risk of terrorist attacks



Il traffico
Traffic



Il doping
Doping



Il debito
The debt



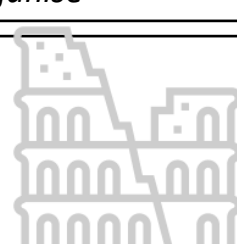
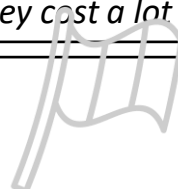
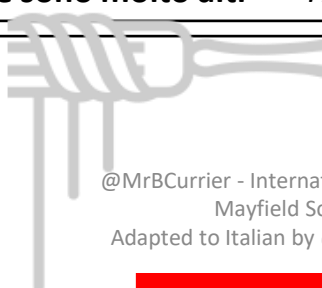
Il costo dell'organizzazione della sicurezza
The cost of organising the security

Ci sono sempre lunghe file per entrare

There are always long queues to enter the event

I costi di organizzazione sono molto alti

They cost a lot to organise



I can describe concerts and music events



Gli eventi musicali

Music events

I concerti musicali

Music concerts

Un festival musicale

A music festival

**Io ed i miei amici siamo andati
ad un concerto**

*My friends and I went to a
concert*

**Ho trascorso tre ore al
concerto**

*I spent three hours at the
concert*

Abbiamo ballato molto

We danced a lot

**La band ha cantato tutte le mie
canzoni preferite**

*The band sang all my favourite
songs*



Ammiro – I admire

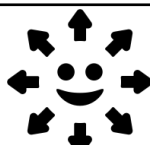
Non sopporto - I can't stand



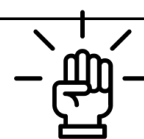
**Il suo
atteggiamento**
His/her attitude



Il suo talento
His/her talent



**Il suo
comportamento**
His/her behaviour



**La sua
determinazione**
*His/her
determination*



Il suo stile
His/her style



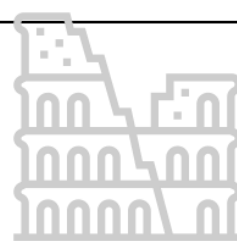
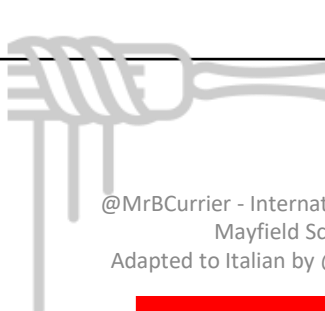
**Il suo modo di
vestire**
*His/her way of
dressing*



Le sue canzoni
His/her songs



I suoi testi
His/her lyrics



I can describe the role of volunteering

Il volontariato

Volunteering

Un volontario

A volunteer

Il lavoro volontario

Voluntary work



Ho lavorato come volontario – I worked voluntarily

Sono diventato un volontario I became a volunteer

Abbiamo lavorato gratuitamente - We worked without pay in



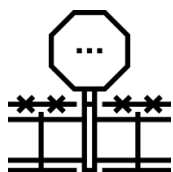
In una clinica
in a clinic



In una scuola
in a school



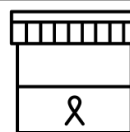
In una residenza per anziani
in an old people's home



In zone di guerra
in conflict zones



All'aria aperta
in the open air



In un negozio di beneficenza
in a charity shop

Ci sono dei vantaggi in questo tipo di lavoro

There are advantages to this type of work

Puoi imparare nuove abilità

You can learn new skills

Puoi acquisire esperienza

You can gain experience

Potrai lavorare con i bambini



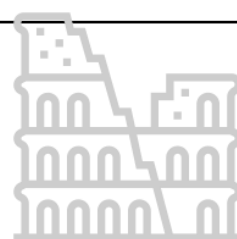
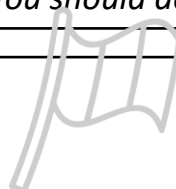
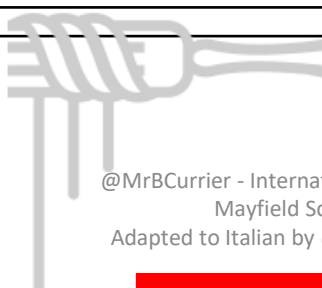
You'll be able to work with children

Si possono conoscere molti tipi di persone

You can get to know all types of people

Dovresti dedicare il tuo tempo agli altri

You should dedicate time to others



I can describe opinions of supporting charities



La beneficenza

Charity

Una fondazione benefica

A charitable foundation

Una campagna mondiale

A worldwide campaign

Una organizzazione benefica

A charitable organisation



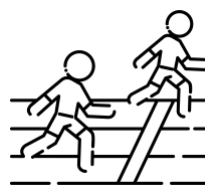
Raccogliere fondi
Fundraise



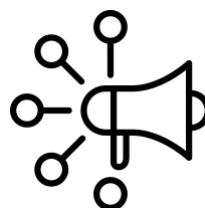
Organizzare una vendita benefica
Organise a charity sale



Partecipare a una vendita di dolci
Attend a bake sale



Partecipare a una gara
Take part in a race



Publicizzare eventi di beneficenza
Publicise charity events

Dono i miei soldi perchè– I give my money because



Mi importa
It's important to me



Posso fare la differenza
I can make a difference



Voglio aiutare gli altri
I want to help others



Mi piacerebbe migliorare la vita degli altri
I'd like to improve the life of others

