



HOMEWORK: PHYSICAL EDUCATION

YEARS 9, 10 & 11 - CORE PHYSICAL EDUCATION

Due to all core PE lessons being practical, there is no homework set in this part of Physical Education. However, all students are encouraged to get involved in our extra-curricular programme and we expect regular physical activity to be undertaken by the pupils in their own time.

YEAR 10 AND YEAR 11 - GCSE PHYSICAL EDUCATION

GCSE students will be set two homework tasks of 1 hour per fortnight. This may be through two smaller tasks or one extended piece of work. They will also be expected to be taking part in at least one extra-curricular club. Students should be practicing their individual skills regularly for the three practical assessments that take place in Year 11.

All homework tasks will be recorded on 'show my homework' where possible. Students are also recommended to write all tasks in their planners.

YEAR 12 AND YEAR 13 - A LEVEL PHYSICAL EDUCATION & BTEC SPORT

Sixth Form students will be set homework in some form in most lessons. This may be a formal marked piece of work, a private study task, revising for an assessment or reading through notes taken during the previous lesson. This should take between 30-60 minutes per task.

They will also be expected to be taking part in at least one activity in their own time. Students should be practicing their individual skills regularly for their practical assessments.

Show My Homework will be used where possible. Students are also recommended to write all tasks in their planners.

For GCSE, A Level & BTEC Sport - Homework activities include:

- Research Tasks
- Revision for unit tests
- Exam style questions
- Reinforcing class work
- Finding sporting examples from media sources

Sixth Form Private Study Tasks

All students will be issued with a sheet detailing the tasks that need to be done during private study sessions. This will include creating key word cards, answering past paper questions, completing summaries of topics and preparing essay plans. A copy of the private study tasks can be found on PHHSLive.

Incomplete Homework

Students who fail to complete homework will be dealt with in the first instance by the subject teacher. This may result in a detention or the loss of a core PE lesson to catch up the work. If the student doesn't complete this sanction then they will be put into a Head of Department detention. If this is not attended then parents are informed by letter.

Support from Parents and Carers

We would encourage you to check their planners/ 'show my homework' to see what work has been set.

Talking to students about their work can help them to clarify their understanding and improve their use of key terms. Parents may also need to reinforce the time students are expected to spend on homework and ensure that the appropriate time is used.

When students are preparing for unit tests or exams it is always useful to help by testing their knowledge.

When students are preparing for their practical assessments students should be encouraged to practice their individual skills where possible and that may mean you need to give them lifts to the leisure centre/swimming pool/ training pitch more than normal!