## PRINCE HENRY'S HIGH SCHOOL

An "Outstanding" Academy for Students aged 13-18 Headteacher: Dr A A L Evans BSc(Hons), PhD



November 21

Dear Parent(s)/Guardian(s)

Here at Prince Henry's we are proud of the outstanding curriculum and learning experiences that we give our students to ensure they are given every opportunity to develop and grow into well-rounded, confident and respectful individuals who are prepared for the next stages of their life.

The PSHRE Curriculum at Prince Henry's is designed to encompass opportunities for students not only to explore key issues and challenges that face individuals, communities and societies but to encourage students to develop skills and nurture attributes that will help prepare them for each stage of their life. The programme of study across each key stage follows the key areas and topics set out within the RSHE Statutory Curriculum for 2020.

We have been very pleased with how Year 9 have settled in to life at Prince Henry's, students have engaged positively with the first sequence of lessons focusing on Emotional Well Being. These lessons have given students the opportunity to reflect on their recent experiences during these challenging times and how to develop skills of resilience along with other strategies they can use in their every day lives.

Year 9 PSHE Topics	Year 10 PSHE Topics	Year 11 PSHE Topics
<ul> <li>Emotional Well Being.</li> <li>Welfare in the Wider World.</li> <li>Careers</li> <li>RSHE</li> <li>Physical Well Being and Healthy Choices.</li> </ul>	<ul> <li>Emotional Well Being.</li> <li>RSHE</li> <li>Careers.</li> <li>Education for a Connected World. (On line Safety)</li> <li>Healthy choices and physical well-being.</li> </ul>	<ul> <li>Emotional Well Being.</li> <li>Relationships Health and Sex, with focus on Consent.</li> <li>Careers Education.</li> <li>RE Unit 1 Philosophy.</li> <li>Ethics.</li> <li>Citizenship, Prevent Unit.</li> </ul>

All lessons are delivered by staff in a positive and encouraging learning environment, enabling students to explore the issues and ask further questions. Staff teaching Year 9 will have also received training from a Health professional working within Worcestershire Health and Care Primary Trust. Relationships Health and Sex Education in Year 9 focuses very much on Healthy Relationships, Grooming, the impact of Pornography Contraception and Sexually Transmitted Infections. Any questions and issues that students themselves raise are dealt with in a professional and sensitive manner. This unit gives a good foundation on which to build in Years 10 and 11 to include more challenging issues such as abusive relationships and the significance and recognition of Consent.

We do wish to reassure you that all lessons will be taught, and issues dealt with and discussed, in the most sensitive and suitable manner, that is in keeping with the values of the school.

If you do have any questions regarding Relationships Health and Sex Education or any other matter relating to the PSHRE Curriculum please do not hesitate to contact myself or Mr Freeman via <a href="mailto:enquiries@princehenrys.worcs.sch.uk">enquiries@princehenrys.worcs.sch.uk</a> •

Yours sincerely

Miss S L Thomas Head of PSHE Mr B Freeman Senior Deputy Headteacher

SLT-AMD-PSHE Curriculum Letter 2021

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